Hearts & “Soles”
November 5, 2016
Polo Club, Boca Raton
Essay Contest Awards

Courtesy of BOMAR FOUNDATION’S Marcy & Bob Haupt

Thank you Marcy & Bob!
Thank you
David Garner

Graphic designer of invitation
www.garnerdesign.net
Keep the goal in view!
Class of 2016
100% HIGH SCHOOL GRADUATION RATE!!
AACY’s Caregiving Youth Project

Began in 2006
Has served >1100 Youth & Families
Graduation Rate >95%
Many More Youth to Reach!
AACY’s Caregiving Youth Institute

Began in 2014
• Connect
• Advocate
• Research
• Educate

Caregiving Youth Research Collaborative with Eight Universities

Second Conference -
April 27, 2017
Special Guest Keith Byars
FORMER NFL PLAYER AND YOUTH CAREGIVER

BENNIE BLADES
THANK YOU
HEARTS & “SOLES”
NOVEMBER 2016
SPONSORS!

Keep the goal in view!
POLEN | CAPITAL
THANK YOU

ALLEGIANCE HOME HEALTH & REHAB, INC.

VALET SPONSOR
THANK YOU SPONSORS!

Dr. Phillip R. Craft, MD

River Yacht Club

Doc Brown's Really Bad Rum

COYO TACO

Wines for Humanity

ISLAND GARDENS Deep Harbour A YACHTING RESORT MIAMI

WYNDHAM Deerfield Beach Resort

SCHMIDT FAMILY FOUNDATION Philanthropy for a Better World
THANK YOU SPONSORS!

MatrixCare

boca Raton Magazine

Woodfield Country Club

FLORIDA

Roots Kitchen

Duffy's Sports Grill

Yaacov Heller

Broken Sound Club
Why LIVE LIFE Anywhere Else!
THANK YOU SPECIAL DONORS!

Helen Babione
John & Pat Boden
Francesca Daniels
Matthew & Debra Chanin
Brenda Curtis
David Goldstein
Susan Gould
Ben and Rosemary Krieger
Deb & Stephen Loewenberg
Stan Moss
Vincent Mulhall
Gail M. Passen-Silver
John & Karen Rosenberg
Stephanie Sigalos
Gary and Connie Siskowski
Dr. Jerry & Jackie Stolzenberg
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ADORN

The Art of Dance

Allegiance Home Health

Marando Farms

Boca West Country Club
WHAT YOUTH SAY ABOUT CAREGIVING

In class your mind is completely somewhere else...
WHAT IF
WHY
WHY ME
*distraction
*fear
*mental stress
*up to here with things!
*too much talking to therapists
*low self esteem

you keep a shield around your heart because you've hurt so much but the shield can shatter

more feelings to deal with
caregiving can take a toll on your body
*overwhelmed
*upset
*crying
*angry
*fatigued
*exhausted
*tiring
*lack of sleep

you can't ignore phone calls from family because it could be serious

teachers don't let you take calls in school but you have responsibilities and family comes first

sometimes you want to fight or box to release energy

BLUE represents aspects of caregiving that can be difficult to deal with

CYP helps you... *see new things
*watch growth
*talk to others & share thoughts
*increase patience
*get a better perspective on life
*see you're not alone
*know there are people just like you

CYP releases stress off your shoulders
caregiving opens you up
you share love & feel love
CYP gives you hope

CYP helps you use that energy you have so you can help others
caregiving is mostly hands on

RED represents good aspects of caregiving and how you learn to deal with the stresses

thankful from the feet up for CYP because you get to be a kid and still help your family
you experience new environments
you can run or dance to release energy

Created by Sara Plachte-Elliott and youth leaders at the Caregiving Youth Project of Palm Beach County April 2010
THANK YOU Volunteers!

Linsey Almy  Mimi Kinsler
Rita Barbieri  Tina Lilly
Debralyn Belletieri  Jeff Mueller
Marcy Bezark  Myrna Norwitz
Kirsten Blazek  Suzanne O’Connell
Linda Cohen  Robin Paton
Barbara Conahan  Elke Schmidt
Cynthia Cummings  Donna Szydlowski
Gail Eagle  Lori Weakland
Lauraleigh Gould  David Weinroth
Sue Heller  Ann Weinwurm
  David Yaffe
KADNIEL AND GRANDMOTHER
CAREGIVERS
YOU WILL LOVE!

Excellence in healthcare at your fingertips.

THANK YOU AACY
FOR ALL YOU DO.

Rosie Inguanzo-Martin
CEO

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American Association of Caregiving Youth
KICKING OFF NATIONAL FAMILY CAREGIVERS MONTH!

NOV 1, 2016

PALM BEACH COUNTY PROCLAMATION
ESSAY CONTEST WINNERS

DIANNE DESIR
ISIS MICHALSKI
ABIGAIL SHAVELL
ESSAY CONTEST WINNERS

DIANNE DESIR
ISIS MICHALSKI
ABIGAIL SHAVER
CELEBRATE!

FAMILY FUN DAY
SUNDAY, NOVEMBER 13TH
12:00PM - 4:00PM

- Meet Princess Elena of Avalor and Princess Isabel from 1pm-2pm
- 20% of all sales from the event will be donated to the American Association of Caregiving Youth
- Meet Mack from Y100 from 12pm-2pm
- Free face painting
- Free chocolate and milkshake samples
- Activities for the kids

American Association of Caregiving Youth
Hoffman's

Delray Marketplace: 14851 Lyons Rd., #100 - Delray Beach, FL 33446 • 561-270-2017 • Hoffmans.com
THANK YOU FOR HELPING TO TRANSFORM THE LIVES OF PALM BEACH COUNTY’S CAREGIVING YOUTH AND THEIR FAMILIES!